

# GIRL SCOUT REFLECTION QUESTIONS

## Daisies & Brownies

What is one thing you learned today/at today's meeting?

What made you feel proud today?

What did you smile about today?

Did you do something kind for someone else today?

How can you show kindness to someone this week?

How did you help someone today/at today's meeting?

What was the hardest thing you had to do today/at today's meeting?



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## Juniors & Cadettes

Share one “win” from today.

When were you at your best today?

What surprised you today?

What made you curious today?

What is one word you would use to describe your day?

How could you encourage someone this week?

What is one thing that makes you unique (not like anybody else)?

What is one mistake you made today?  
What did you learn from your mistake?

What is the most important thing you learned today? Why is it important?

What do you want to learn more about in Girl Scouts this year? Why?

What is one thing your troop leader did at this meeting that you really liked?

What are some ways you could share today’s activity with your parents or family?

Why do you believe we’re learning about \_\_\_\_\_?

Did you give your best effort during today’s meeting?

What is ONE THING you did really well at today’s meeting?

If you could do today’s activity over, what would you do differently?

What brought you joy today?

Where did you struggle today,  
and what did you do to deal with it?



# GIRL SCOUT REFLECTION QUESTIONS

## Seniors & Ambassadors

What brought you joy today?

What made you curious today?

What have you learned about yourself during this meeting?

What could you do today to help you develop better relationships with your peers?

What are some things the girls in your troop do that help you learn?

What are some things you do in the classroom that you believe can help other the other girls in your troop learn?

What is one thing your troop leader did at this meeting that you really liked?

What would you like to learn more about (today, this week, this year, etc.)?

How can you take what you have learned and apply it to your own life?

Where did you struggle today, and what did you do to deal with it?

What is frustrating you? How do you plan to deal with that frustration?

What are your dreams?

What are some of the potential obstacles you may face in chasing your dreams?

What are some things you can do to overcome those obstacles?

What actions are you taking today to help you reach your goals in the future?

