WOODWORKING AND GARDENING

Spring means birds chirping, green grass, leaves on the trees, and of course growing a garden! Whether it means your garden is an herb garden, vegetable/fruit garden, or a flower garden, having a green thumb and growing plants is a way to relieve stress.

BEFORE YOU GET STARTED

Recommended Ages: Grades K - 12

Estimated Time: 2 - 3 hours

Stuff you’ll need:

• Garden space or containers for a garden
• Soil
• Plants/seeds
• Hammer
• Level
• Screwdriver
• Wood

Caregivers should consider: Assisting girls with gardening plans whether it is a space in your yard, container gardening or a raised garden. If choosing to build a raised garden bed, girls may need assistance with construction. Check out this link to learn how to build your own raised garden bed.

THE FUN PART

1. Locate a place the perfect spot for a garden space. Make sure you have enough sun exposure for the plants to grow. If you already have a space dedicated in your yard, you are set! If you live in an apartment, don't worry you can still garden, by container gardening! While you are figuring out where your garden will be located, explore garden designs. What will your garden look like? Will your garden be a raised garden, planted in the ground, or a container garden?

   • If you decide on a raised garden, you may need to build the garden. Make sure you have an adult to help you as you swing a hammer, use a screwdriver, saw wood, and make sure your creation is level.

2. Research what kind of plants you want to grow or maybe you want to try to plant seeds. How much sun will they need? How much shade will they need? Based on your location of the garden, what kind of plants can you have? Check out this article from Iowa State University Extension and North Dakota State Extension to learn more about container gardening.

3. Grow your garden! Make sure to keep weeds pulled and the plants watered enough. Watch the beautiful flowers blossom or your vegetables and fruits be bountiful. Depending on how big your garden is, what is your plan with your vegetables or fruits? Will your family eat them all? Can you share your crop with family and friends? Could you create a bountiful basket for your neighbors that you leave on their door steps?

4. Way to go! You did it! Share on social media with your caregiver’s permission. Use the hashtag #GSGI迪