## **MY FAMILY STORY**

This is a great time to learn more about your family and where you come from. Use the steps below to earn your My Family Story badge!

## **BEFORE YOU GET STARTED**

**Recommended Ages:** Grades K - 12

Estimated Time: 1 – 2 hours

Stuff you'll need: Paper, pen/pencil, markers

BADGE OR JOURNEY STEPS COMPLETED

Brownie My Family Story Steps 1 - 5

**Parents/Guardians should consider:** There is always risk when youth use the internet. Some caregivers may choose to review house rules of internet use or sit down with their girl to complete the activity together.

## THE FUN PART

- 1. Take time to ask your parents/guardians about some family stories. Call or video conference your grandparents to ask what your parents were like as children. You can even ask them what their childhood was like. If you have great-grandparents, check out their stories as well. You can ask them questions: What was their childhood like? Where did they grow up? Did they have any pets? What was their favorite activity to do during the summer? What was their favorite subject in school? Who was their best friend?
- 2. It's time to find out where your family came from and research your heritage. Ask your parents/ guardians, grandparents, and great-grandparents (if applicable). Is your family originally from the United States? If not, when did they move here? Where did they first homestead? What did they do to make a living?
- 3. Get out your paper, pencil/pen, and/or markers to make a family tree! You can include just the first names or go more in depth with first, middle, and last names with everyone's birth dates.
- 4. Just like a Girl Scout troop can have a crest, which represents the individuality of your troop many families used to have family crests. Maybe you already have a family crest, or you can create one for you and your family. Find a symbol that means something to your family and incorporate it into your family crest. With permission, hang it up somewhere in your home for everyone to enjoy.
- 5. Share your family story with a friend, your parents and siblings, or grandparents. Show them how much you learned!
- 6. Way to go! You did it! Share on social media with your caregiver's permission. Use the hashtag #GSGIDIY



