

CAMP-OUTDOOR EXPERIENCES

grades
2-12

Camp experiences feature day and weekend opportunities that introduce all girls to outdoor education and exploration of the out-of-doors. These opportunities are sorted alphabetically by title.



THE AMAZING RACE 6-12

Embark on an amazing adventure that takes you on a competitive race throughout eleven countries in one day. In teams, participants will race to destinations, solve intricate individual and team challenges, and travel to the next location by different modes of transportation. Activities might include water relays, milking cows, GPS navigation, fire building and/or fishing. Each team will have an individual challenge that one person on each team will complete and a team challenge that everyone

will participate in. This event is 'challenge by choice', so no one will be forced to do any activity they are not comfortable with, yet everyone gets the opportunity to try something new and challenging. Participants will complete some of the requirements of the Travel Interest Project Patch.

DATE	TIME	LOCATION	COST GIRL	COST ADULT	REG. CLOSE	MIN	MAX	LEAD. CENTER
Sat., June 5 - Sun., June 6	Sat., 9 am - Sun., 10 am	Camp Tanglefoot 14948 Dogwood Ave Clear Lake, IA 50428	\$20	\$10	Fri., May 21	20	100	Mason City



BACKPACK JOY HOLLOW 6-8

Middle school-aged girls are invited to trek across western Iowa on this weekend backpacking trip at our Girl Scout camp, Joy Hollow! This weekend is sure to be an adventure as we learn "Leave-No-Trace" wilderness techniques and minimal impact camping skills! Backpacks, tents, and backpacking stoves will be provided! No previous experience necessary. This is a great way to experience backpacking and a primitive trip!

DATE	TIME	LOCATION	COST GIRL	COST ADULT	REG. CLOSE	MIN	MAX	LEAD. CENTER
Fri., Sept. 10 - Sun., Sept. 12	Fri., 7 pm - Sun., 2 pm	Joy Hollow 14092 Butcher Rd Westfield, IA 51062	\$15	\$15	Fri., Aug. 27	4	10	Mason City



BACKPACK YELLOW RIVER STATE PARK 7-12

Girls are invited to trek across eastern Iowa on this weekend backpacking trip! This trip is sure to be an adventure as we learn "Leave-No-Trace" wilderness techniques and minimal impact camping skills! Backpacks, tents, and backpacking stoves will be provided! No previous experience necessary.

DATE	TIME	LOCATION	COST GIRL	COST ADULT	REG. CLOSE	MIN	MAX	LEAD. CENTER
Fri., Sept. 24 - Sun., Sept. 26	Fri., 7 pm - Sun., 4 pm	Camp Tanglefoot 14948 Dogwood Ave Clear Lake, IA 50428	\$25	\$25	Fri., Sept. 10	4	8	Mason City



CAMP STOVES & COMPASSES 4-12

Together we will learn how to use backpacking stoves, propane camp stoves, and cook a potluck supper! We will also learn basic compass orienteering and map navigation skills. Bring your whole family - everyone is welcome to attend on this day! The cost is \$5 per person and supper is included in the cost of this event.

Family Day!

DATE	TIME	LOCATION	COST GIRL	COST ADULT	REG. CLOSE	MIN	MAX	LEAD. CENTER
Sat., May 8	3 - 7 pm	Camp Sacajawea 636 L Ave Boone, IA 50036	\$5	\$5	Fri., Apr. 23	10	50	Des Moines
Sat., May 8	3 - 7 pm	Camp Tanglefoot 14948 Dogwood Ave Clear Lake, IA 50428	\$5	\$5	Fri., Apr. 23	3	30	Mason City



ECO EXPLORER 2-5

Are you ready to explore nature? Come and discover all the living and non-living natural things found in your environment! You will learn about an animal's habitat from a Buena Vista County Naturalist. We will go on a nature hike and will explore the park. After the hike, you will be able to make a bird feeder to take home. You will earn and receive the Eco-Explorer Try-It.

DATE	TIME	LOCATION	COST GIRL	COST ADULT	REG. CLOSE	MIN	MAX	LEAD. CENTER
Tues., June 15	9:30 am – 1 pm	Buena Vista County Park North Shelter House 377 440th St Peterson, IA 51047	\$6	FREE	Fri., May 28	15	35	Fort Dodge



FIRE, TENTS, LEAVE NO TRACE 4-12

Come and learn how to build, light, and keep a fire going. We will also pitch a backpacking tent, and learn "Leave-No-Trace" principles and how to use them when you're camping. Come spend the afternoon together at camp! Family members are welcome to attend; the cost is \$5 per person.

Family Day!

DATE	TIME	LOCATION	COST GIRL	COST ADULT	REG. CLOSE	MIN	MAX	LEAD. CENTER
Sun., Apr. 18	1 – 4 pm	Camp Tanglefoot 14948 Dogwood Ave Clear Lake, IA 50428	\$5	\$5	Fri., Apr. 2	5	30	Mason City
Sun., May 2	1 - 4 pm	Camp Sacajawea 636 L Ave Boone, IA 50036	\$5	\$5	Fri., Apr. 23	10	30	Des Moines



MARINERS 6-12

Ahoy, potential sailors! Join the Mariners where you will have an opportunity to develop skills in boating, sailing, navigation, and water safety. You will also learn knot tying, how to set up (rig), and how to take down (de-rig) a boat! Members will meet throughout the year to learn about more watercraft opportunities, as well as keep you up to date about Camp Tanglefoot!

Adult Volunteers are needed! Do you love water activities? Are you interested in sailing and small watercraft but haven't had much experience? If you are interested in learning more about joining or being an adult mentor of the Mariners, please contact the Mason City Leadership Center. Kickoff weekend is August 28, but you can join at any time!

DATE	TIME	LOCATION	COST GIRL	COST ADULT	REG. CLOSE	MIN	MAX	LEAD. CENTER
Kick-off weekend Sat., Aug. 28	9 am - 4 pm	Camp Tanglefoot 14948 Dogwood Ave Clear Lake, IA 50428	\$5	FREE	Fri., Aug. 27	4	20	Mason City



MARINERS SPRING RETREAT 6-12

Mariners Club (and any potential new members), join us for a fabulous weekend overnight at Camp Tanglefoot as we work on our Smooth Sailing Interest Project Patch and meet as a club! We will work on basic nautical skills out of the water including: improving knot tying skills, learning maritime history, sailing terminology and communication signals, as well as learning directional skills to get your bearings. These are all skills that will help you when we are able to get on the water! New members are welcome!

DATE	TIME	LOCATION	COST GIRL	COST ADULT	REG. CLOSE	MIN	MAX	LEAD. CENTER
Sat., Mar. 20 – Sun., Mar. 21	Sat., 4 pm – Sun., 2 pm	Camp Tanglefoot 14948 Dogwood Ave Clear Lake, IA 50428	\$10	\$5	Fri., Mar. 5	3	50	Mason City

MY 'CHEEP' FAMILY ALL

Camp isn't just for the birds - it's for the whole family! Come to camp and meet a local wildlife/bird expert. You will have the opportunity to build a bird house and bird feeder to take home with you. All family members are welcome, the cost per person is \$5.

Family Day!

DATE	TIME	LOCATION	COST GIRL	COST ADULT	REG. CLOSE	MIN	MAX	LEAD. CENTER
Sat., Apr. 10	1 - 5 pm	Joy Hollow 14092 Butcher Rd Westfield, IA 51062	\$5	\$5	Fri., Mar. 26	10	50	Mason City
Sat., May 1	1 - 5 pm	Camp Sacajawea 636 L Ave Boone, IA 50036	\$5	\$5	Fri., Apr. 23	10	50	Des Moines

MY GREEN FAMILY ALL

Interested in "going green" as a family? Come see what you and your family can do to reduce the amount of food that goes to the landfill. We will discuss many sustainable methods you can use at home. When we learn about composting, you will be able to make and take home your own worm-bin. All family members are welcome, the cost per person is \$5.

Family Day!

DATE	TIME	LOCATION	COST GIRL	COST ADULT	REG. CLOSE	MIN	MAX	LEAD. CENTER
Sun., Apr. 11	1 - 4 pm	Camp Tanglefoot 14948 Dogwood Ave Clear Lake, IA 50428	\$5	\$5	Fri., Mar. 26	10	50	Mason City
Sun., Apr. 18	1 - 4 pm	Camp Neyati 20405 Barrus Rd Glenwood, IA 51534	\$5	\$5	Fri., Mar. 26	10	50	Des Moines

MY OUTDOOR FAMILY ALL

Come spend an afternoon at camp canoeing, hiking, and relaxing during a weekend together outdoors! You will have the option of sleeping in cabins outdoors or pitching your own backpacking tent; watching the sunset or sunrise, and much more! All family members are welcome, the cost per person is \$10

Family Weekend!

DATE	TIME	LOCATION	COST GIRL	COST ADULT	REG. CLOSE	MIN	MAX	LEAD. CENTER
Sat., May 22 - Sun., May 23	Sat., 1 pm - Sun., 11 am	Camp Sacajawea 636 L Ave Boone, IA 50036	\$10	\$10	Fri., May 7	10	50	Des Moines
Sat., May 22 - Sun., May 23	Sat., 1 pm - Sun., 11 am	Camp Tanglefoot 14948 Dogwood Ave Clear Lake, IA 50428	\$10	\$10	Fri., May 7	10	50	Mason City





OUTDOOR ADVENTURE WEEKENDS 2-12

Girls, this is your chance to get a glimpse of camp fun through a variety of outdoor skills, nature exploration, and complete requirements for specific Outdoor related Try-its or Badges. See below for the Try-Its and Badges that we will be working on. Pick your date, age level, and time; and join us on what will prove to be a great outdoor adventure weekend!

DATE	TIME	LOCATION	COST GIRL	COST ADULT	REG. CLOSE	MIN	MAX	LEAD. CENTER
Fri., Mar. 12 – Sat., Mar. 13 Badges: Camp Together & Outdoor Creativity (4-5)	Fri., 7 pm – Sat., 4 pm	Camp Sacajawea 638 L Ave Boone, IA 50036	\$15	\$15	Fri., Feb. 26	10	50	Des Moines
Fri., Mar. 26 - Sat., Mar. 27 Try-Its: Eco Explorer & Earth is our Home (2-3)	Fri., 7 pm – Sat., 4 pm	Camp Sacajawea 638 L Ave Boone, IA 50036	\$15	\$15	Fri., Mar. 12	10	50	Des Moines
Fri., May 7 - Sat., May 8 Try-Its: Outdoor Adventure & Earth and Sky (2-3)	Fri., 7 pm – Sat., 4 pm	Camp Sacajawea 638 L Ave Boone, IA 50036	\$15	\$15	Fri., Apr. 30	10	50	Des Moines
Sat., May 14 - Sun., May 15 Interest Project Patch - Outdoor Survival (6-12)	Fri., 7 pm – Sat., 4 pm	Camp Sacajawea 638 L Ave Boone, IA 50036	\$15	\$15	Fri., Apr. 2	10	50	Des Moines
Fri., May 21 - Sat., May 22 Badges: Your Outdoor Surroundings & Plants and Animals (4-5)	Fri., 7 pm – Sat., 4 pm	Camp Sacajawea 638 L Ave Boone, IA 50036	\$15	\$15	Fri., May 7	10	50	Des Moines



READY, SET, GO CAMPING 1-3

What do you think about when you hear the word “camping”? Do you think of cooking over a campfire and telling stories? How about tying knots and hiking trails? Join us for dinner around the campfire and activities bound to make you want to pitch a tent and go camping! You will earn and receive the Ready, Set, Go Camping Try-It.

DATE	TIME	LOCATION	COST GIRL	COST ADULT	REG. CLOSE	MIN	MAX	LEAD. CENTER
Sat., Mar. 6	1 – 4 pm	Joy Hollow 14092 Butcher Rd Westfield, IA 51062	\$10	\$5	Fri., Feb. 19	15	50	Sioux City
Sat., Mar. 27	10 am – 1 pm	Camp Tanglefoot 14948 Dogwood Ave Clear Lake, IA 50428	\$10	\$5	Fri., Mar. 12	10	30	Mason City
Sat., May 1	9 am – 4 pm	Camp Sacajawea 636 L Ave Boone, IA 50036	\$10	\$5	Fri., Apr. 23	15	75	Des Moines
Sat., June 5	5 – 8 pm	Thomas Mitchell County Park 10509 NE 46th Ave Mitchellville, IA 50169	\$10	\$5	Fri., May 21	10	30	Des Moines
Sat., June 5	5 – 8 pm	Rosenberger Park 702 Northwest 7th St Pocahontas, IA 50574	\$10	\$5	Fri., May 21	20	50	Fort Dodge
Sat., Aug. 7	10 am – 1 pm	Camp Neyati 20405 Barrus Rd Glenwood IA 51534	\$10	\$5	Fri., July 23	20	100	Council Bluffs



SPURS: GRADES 6-8

Are horses your thing? If so, get ready to saddle up and learn all about your favorite animal. If you are 11-13, love horses, and aren't afraid to get dirty, get ready to take a special "behind the scenes" look at Girl Scouts of Greater Iowa's Wrangler Program. Spurs will give you the opportunity to "shadow" a member of the Wrangler Program to learn what it takes to be a Wrangler (see Wrangler description). For safety purposes, all

Spurs are required to attend one Wrangler/Spur Training Weekend before you will be scheduled for any other sessions. In order to ensure appropriate supervision, all Spurs must have a Spur Sponsor (two girls to one adult) who can attend camp with them on their assigned weekends. Please see Wranglers description for schedule.

The highlight of this club will be "Wrangler/Spurs Weekends" designed to provide you with the opportunity to improve your basic horsemanship, riding skills, and give you a chance to get to know the other girls in the program. You will also get the opportunity to meet with horse care professionals and professional trainers. *Spurs are not eligible for advancement beyond Entry Level until they turn fourteen years old.

If you are interested in learning more about becoming a Wrangler or a Spur, contact the Des Moines Leadership Center.

Come and give your input on this program at the Spurs and Wranglers weekend, April 30 - May 2.

WRANGLERS: GRADES 9-12

Ride 'em cowgirl! If you are 14 and older and LOVE horses, come be a part of the Girl Scouts of Greater Iowa's Wrangler Program. You will be working with adult mentors to teach Western horseback riding workshops at Camp Sacajawea to troops and service units. Wranglers also help out with special weekend events. The highlight of this club will be "Wrangler/Spurs Weekends" designed to provide you with the opportunity to improve your basic horsemanship, riding skills, and give you a chance to get to know the other girls in the program. You will also get the opportunity to meet with horse care professionals and professional trainers. This will also be the time to test your skills to move up to a higher level.

Wranglers/Spurs Meetings are currently scheduled for the second Thursday of each month at the Des Moines Leadership Center. These meetings will provide up-to-date information about the horses, equipment, and events at Camp Sacajawea. Wranglers/Spurs will be scheduled for two or three weekends per season and, for safety reasons, must attend one Wrangler/Spurs Training Weekend, scheduled twice a year, in September and April.

Adult Volunteers are also needed! Leaders? Parents? Volunteers? Do you love horses? Would you like to learn more about them or share your love for them with girls? Do you like mentoring our fantastic girls? Then we are looking for you! Come spend some time in the barn with our Wranglers! Are you interested in horses but don't enjoy riding? We still need your help!

If you are interested in learning more about becoming a Wrangler or a Spur, contact the Des Moines Leadership Center.

DATE	TIME	LOCATION	COST GIRL	COST ADULT	REG. CLOSE	MIN	MAX	LEAD. CENTER
Kick off weekend Apr. 30 - May 2	Fri., 6 pm - Sun., noon	Camp Sacajawea 638 L Ave Boone, IA 50036	\$25	\$15	Fri., Apr. 16	5	50	Des Moines



Seventy percent of the earth is water, but will clean resources always be there when we need some? What are we doing to maintain our usable supply? Explore answers to these questions and many more as we look at, test, and discover what is in our water supply. We will learn what we can do to have safe water for swimming, drinking and more. Each participant will need to bring a sack lunch and drink.

DATE	TIME	LOCATION	COST GIRL	COST ADULT	REG. CLOSE	MIN	MAX	LEAD. CENTER
Sat., Mar. 13	9 am - 3 pm	Joy Hollow 14092 Butcher Rd Westfield, IA 51062	\$5	FREE	Fri., Feb. 26	15	60	Des Moines
Fri., Apr. 2	8 am - 1 pm	Council Bluffs Leadership Center 526 S 3rd St Council Bluffs, IA 51503	\$5	FREE	Fri., Mar. 26	15	40	Council Bluffs
Sat., May 22	9 am - 2 pm	Annett Nature Center 15565 118th Ave Indianola, IA 50125	\$5	FREE	Fri., May 7	10	30	Des Moines
Tue., July 20	9 am - 2 pm	Lost Island Nature Center 3259 355th Ave Ruthven, IA 51358	\$5	FREE	Fri., July 2	10	50	Fort Dodge
Sat., Sept. 18	9 am - 2 pm	Camp Tanglefoot 14948 Dogwood Ave Clear Lake, IA 50428	\$5	FREE	Fri., Sept. 3	10	50	Mason City